

## COVID-19 Health and Safety Policy at Jodie Wilson TCM

Please read through this document and confirm that you agree to my health and safety policy, if the form isn't signed then your treatment CANNOT go ahead

- Have you had the recent onset of a new continuous cough? Do you have a high temperature? Have you noticed a loss of, or change in, normal sense of taste or smell? Do you or any of the people you live with feel ill or display any symptoms of COVID-19? If so please let me know as soon as possible and DO NOT ATTEND YOUR APPOINTMENT
- For the foreseeable future I will be seeing a limited number of clients and an appropriate gap between clients, I thank you for your patience
- Wear loose fitting trousers that can be lifted to above your knees or alternatively shorts or a skirt. Ladies, please wear a bra that can be taken off at the back
- Please limit the amount of personal belongings that you bring to your appointment
- I ask if you can please use your own toilet before you arrive for your appointment
- To avoid coming into contact with anybody else, if you arrive early please wait in your car, I WILL MESSAGE YOU WHEN IT IS SAFE TO COME OUT. If you are more than 10 minutes late I will not be able to carry out your treatment
- Please ring the front door bell as normal but then walk down my side passage (the gate will be open) and then wait at the door that will appear straight in front of you into my conservatory. PLEASE MIND THE STEP AS YOU ENTER AND LEAVE
- Please wear a new clean mask to your appointment – if you don't have any then I can provide you with a one
- I will be wearing the appropriate PPE which will be changed between each client
- On arrival I will ask you to use the antibacterial gel provided and I will then take your temperature, if it is above normal then YOU WILL NOT BE ABLE TO RECEIVE TREATMENT
- My treatment room is now a Covid secure clinic space and you can be reassured that everything that you come into contact with will be safely cleaned and disinfected
- I please ask that you do not bring anybody else with you to your appointment so I can remain in contact with one person at a time
- I will not be offering a glass of water after your appointment but please feel free to bring your own
- Hand gel will be used again before you leave
- Last but not least – relax and enjoy!

Signature:

Date: